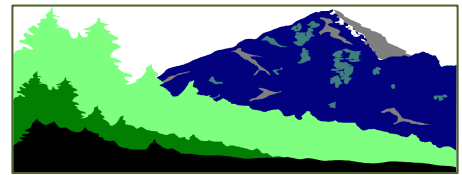


Tsitsikamma Mountain Spa

at Armagh Country Lodge, Storms River Village



BODY TREATMENTS

Aroma Back and Neck

With the use of essential oils

30 mins

R250

Swedish Massage

Body massage using five different techniques

60 mins

R350

Full Aromatherapy

Eases and relaxes a stiff, tired body, using essential oils which are designed for your physical and emotional needs

60 mins

R370

Hot Stone Back and Neck

Using volcanic rock from the ancient core of Africa to work at the very base of the muscles, removing stress and tension through the heated stones

45 mins

R300

Full Hot Stone Massage

A truly sensational massage utilizing heated volcanic rock as above to soothe body, mind and soul

75 mins

R450

Deep Tissue Massage

A firm pressure massage to loosen tight muscles...essential for all-over well being and the relaxation of tired, over worked muscles

60 mins

R400

Reflexology

Enjoy stimulating & relaxing benefits of pressure point foot massage targeting problem areas within your body. The holistic way to feeling wonderful!

45 mins

R290

Indian Head Massage

A gentle pressure point massage highly recommended for tension headaches and promoting relaxation

30 mins

R210

BEAUTY TREATMENTS

Gatineau Facials

Anti-ageing Collagen	60mins	R480
Purifying	60mins	R395
Deep Cleanse	45mins	R350
Hydrating / rejuvenating	60mins	R410

Waxing

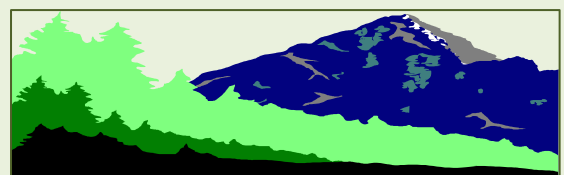
Half Leg	30mins	R110
¾ leg	30mins	R130
Full Leg	40mins	R180
Full Leg and Bikini	50mins	R255
Bikini	20mins	R 90
Brazilian	45mins	R155
Underarm	20mins	R 80
Brow/lip/chin	15min	R 40
Full Face	30mins	R 90
Chest OR Back	45mins	R150

Hand and foot treatments

Pedicure	60mins	R220
Manicure	45mins	R190
French	15mins	R 60

Tinting

Lash & Brow	45mins	R90
Eyelash Tint	20mins	R70
Eyebrow Tint	20mins	R60
Eyebrow Tint and Shape	40mins	R80



Tsitsikamma Mountain Spa... it's all about you

Booking essential. Tel : 042 – 2811512

One hour Specials

Spa Taster

R350

Back & Neck Massage followed by a mini facial

Choose any three...

R395

Back & Neck Massage

Foot & Ankle massage

Indian Head Massage

Mini Facial

Hot stone Massage

Aroma flex

R430

Back & Neck Massage

Reflexology

Pamper Hour

R400

Mini Facial & Scalp Massage, Back & Neck Massage

Foot & Ankle Massage

PACKAGES

Ultimate Relaxation

Salt scrub, detoxifying body wrap, aroma outdoor shower, full body massage, pressure point scalp and foot massage.

2hours

R695

Total Radiance

Back and neck massage, pressure point foot massage, deep cleanse facial, manicure or pedicure.

2hours 30mins

R710

Top to Toe Relaxation

Your choice of Swedish, Deep Tissue body or Aromatherapy massage and your choice of facial.

2 hours

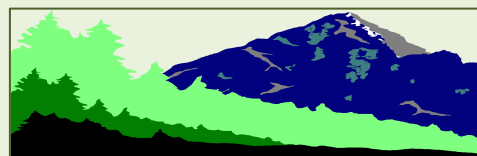
R765

Express treatments...for people on the go!! (30 minutes)

Manicure R120

Pedicure R140

Facial R220



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Prices subject to change without notice.